

**Important Dates:**

9/27 .....Teacher In-service, No School  
10/10-11.....Fall Break, No School  
10/16 .....Grandparents Day, Grades 1 & 3  
10/18 .....Picture Retake Day, P3 Pictures  
10/21-25 .....Book Fair  
10/29 .....No School, Teacher In-Service

K-8 Absent/Tardy .... 513-347-2231  
Preschool Absent ..... 513-347-4450  
Early Dismissal..... note to teacher  
Aftercare ..... 513-371-0371

**AUG'S BLOG**

Visitation Families,

*Our Church Bulletin has a section called Word and Worship. It is authored by our former seminarian Jacob Schmeising. It will explain different parts of our Catholic Faith. The Catholic Mass is the central act of worship in the Catholic Church where believers gather to celebrate the Eucharist, which IS the true Body, Blood, Soul and Divinity of Jesus Christ. There are two main parts of the mass: the Liturgy of the Word (readings, Scripture, homilies) and the Liturgy of the Eucharist, where the bread and wine are consecrated and offered to God. We offer this sacrifice in atonement for our sins. Through Mass, Catholics seek an intimate union with God, spiritual nourishment, renewal and closeness with one another.*

**The Sign of the Cross Week 1:** The sign of the cross, which opens the mass and is prayed at various other times comes from Matthew 28:19. In this verse, the Resurrected Jesus Christ instructs his disciples to go forth baptizing "In the name of the Father and of the Son and of the Holy Spirit." While we may be most familiar with that passage as it concerns the Sacrament of Baptism, it is also the source of the sign of the cross.

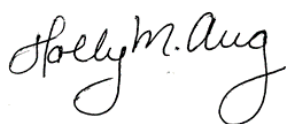
We had a wonderful turn out for our parish picnic at Stricker's Grove! Thanks to our parish for sponsoring this family event! We also want to thank JTM and Wassler's for their donations of food. And a huge thanks to our Knights of Columbus who grilled over 1000 hot dogs, brats, metts and burgers!

Thanks to our wonderful PTO for providing a Back to School Coffee Truck for the staff on Tuesday. If you work in a school, you know what a vital role caffeine plays in our daily routines!

Please make sure you put your family name on all uniform attire. Students take off jumpers, skirts, quarter zips etc for Physical Education classes. In addition, please write your names on water bottles and lunch boxes which often get left behind.

**Attendance:** It is mandatory to provide a reason for your child's absence or tardiness. When you leave a message that states your child is "not coming in" or "absent" this equates to an unexcused absence. A reason for the absence MUST be given. As a reminder, 3 tardies with no doctor/dentist note equates to an unexcused absence. Teachers are NOT responsible for providing homework ahead of time for any recreational activities.

Blessings,



**COOK'S CURRICULUM CORNER**

On Monday, fourth grade students celebrated National Play-Doh Day by learning about Cincinnati entrepreneur Noah McVicker, who transformed a cleaning product into the beloved toy we know today-play doh! Our fourth graders practiced their science inquiry skills by working collaboratively to solve various challenges using Play-Doh and simple equipment. It was a wonderful opportunity for them to explore creativity and teamwork while applying scientific concepts.



The website [www.splashlearn.com](http://www.splashlearn.com) (also an app) offers interactive games tailored for students in grades Pre-K to 5. These age-appropriate activities allow students to work on their skills through a personalized learning path, making it engaging and fun. Additionally, students can earn digital rewards, which adds an exciting incentive to their learning journey. One of the highlights is that parents can easily track their child's progress, fostering a supportive home learning environment.

### **CAFETERIA**

\*We are in need of some more volunteers to serve lunch in the cafeteria. Please use the sign-up genius link to sign up, <https://bit.ly/Cafeteria24-25> we are grateful for the time you can provide for the Hot Lunch Program. Help is needed on the 4th Mon., 4th Tues., and 2nd, 3rd, 4th Thursday.

\*\*\* A Few Reminders\*\*\*

\*If you know your student will not be in school due to illness or a Dr. appointment, please cancel your lunch. You may cancel up until 8:00am daily. Please reference the website for assistance.

\*Please make sure you check your order and complete the entire check out process, be sure your student is updated as well.

\*\*\*\*If your student packs their lunch, you are to provide the needs of that packed lunch. The cafeteria does not provide the condiment or silverware for those that pack, we have a budget to maintain.

Thank You for your help.

### **CHOIR**

All students from 3rd through 8th grades are welcome to sing in the choir each Wednesday morning for the 8:30 Mass and also occasionally for a weekend Mass at Visitation. The rehearsal schedule this year will be different, with only one rehearsal for all students on Wednesdays after school. The time will remain the same, from 3:15 to 4:30.

Please contact Brenda Hayden, our new music director at Visitation, to register your child's interest and to obtain a registration form, [bhayden@divinemercyfam.org](mailto:bhayden@divinemercyfam.org). Looking forward to a great year of making music!

### **CODING CLUB**

October Coding & Robotics Club for 3<sup>rd</sup> – 8<sup>th</sup> Graders will be held on October 2, 9, 16 & 23 after school until 4:15. Cost is \$40 due at time of registration. Please register and pay by Oct. 1 using the signup genius link on the attached flyer.

### **GRANDPARENTS DAY 1st & 3rd Grade Families**

Mark Your Calendars! On Wednesday, October 16th we are having a Grandparents & Special Guests Day just for you! We will start with mass at 8:30, followed by donuts/coffee, the opportunity to visit the classrooms and get a picture together. The morning wraps up at 10:50. We are in need of several volunteers to help make the day a success. Please use the signup genius link below.

<https://www.signupgenius.com/go/20F0F4AA9AE29ABF85-51193854-grandparents>.

### **LEGO CLUB K/1<sup>ST</sup> GRADE**

The second session of Kindergarten/1st grade Lego club starts in October. We will be meeting until 4:00 on October 2nd, October 9th, October 16th, and October 30th. Please note that we will NOT be meeting on October 23rd. Space is limited. Please use the sign up link below to sign up then send in your payment of \$35 to the main office. Checks can be made payable to Our Lady of the Visitation. We will have new Lego challenges each week!

<https://www.signupgenius.com/go/10C0E4AA8AE2FA0FEC07-51490178-kindergarten>.

## **LEGO CLUB 2-6 GRADE**

Join Mrs. Lott and the Lego Club for exciting and spooky OCTOBER-themed STEM challenges! Grades 2-3 will be on Mondays in October and Grades 4-6 will be on Thursdays (and one Friday). Details are in the flyer attached. You can also click on the link below to sign up. Please be sure to send your payment in addressed to "Amy Lott" by 10/2/24. Checks can be made to Our Lady of Visitation. Hope to see you for a *howling* good time!

[October Lego Club Grades 2-3](#)

[October Lego Club Grades 4-6](#)

## **PTO and SPIRITWEAR**

**PTO:** PTO is in need of someone to help assist with Grandparents Day 2025 and possibly going forward. The position is minimal, it involves some coordinating of task and sending a few emails to staff etc. If interested please contact Jillian Edwards at [jillian.edwards83@gmail.com](mailto:jillian.edwards83@gmail.com).

The Fall "Big Win" is under way and it's a great one!! Purchase your chances to win a beautiful 5-piece BEIS luggage set and \$300 [hotels.com](https://hotels.com) GC!! All information included in document and link to purchase is: <https://visipto.square.site/>.

### **Trunk or Treat**

Spooky season is upon us and what better way to celebrate than with our annual Trunk or Treat event!! Please read all information before signing up and if you have any questions email [bcebula@olvisitation.org](mailto:bcebula@olvisitation.org).

[https://www.signupgenius.com/go/60B0E4FABAB28A20-51398282-trunk#](https://www.signupgenius.com/go/60B0E4FABAB28A20-51398282-trunk#/).

**Spiritwear:** Exciting news we have a NEW website! Thanks to Lauryn Thompson for all her hard work. Go check it out [www.visispiritwearshop.com](http://www.visispiritwearshop.com). If you ordered on the old site within the last week. You will be receiving a refund. Sorry for the inconvenience. Lot of new things on the horizon! Questions contact Nikki Niemann 513-379-8478.

**REDIKER:** All Rediker issues, primary email changes or primary household phone number changes should be emailed to [rediker@olvisitation.org](mailto:rediker@olvisitation.org).

If you don't already have Rediker Plus Portals, you should have received an email about setting up your account. In order to see your student's information such as new passwords, please follow these steps: Sign into Plus Portals. From the home screen, on the right of your student's name, click on the More button. Click on School. Click on Demographics.

## **VISITATION ATHLETIC CLUB (VAC) – [www.vacsports.com](http://www.vacsports.com)**

### **BOYS BASKETBALL SIGN-UPS & TRYOUT SCHEDULE**

Sign-ups are now open at [vacsports.com](http://vacsports.com) for boys basketball for 3<sup>rd</sup> through 8<sup>th</sup> grade and our high school leagues. Sign-ups will **close on October 11<sup>th</sup>**. Any questions, please reach out to [visitationbasketball@gmail.com](mailto:visitationbasketball@gmail.com).

**\*\* PLEASE NOTE - CHANGE IN SCHEDULE \*\***

4<sup>th</sup> grade teams from the previous year will remain the same so there will be no 4<sup>th</sup> grade evaluations on 10/20.

### **October 20 – Evaluations for 3<sup>rd</sup> Grade Only (in MPR)**

- 3:00 - 4:15pm (3rd grade)

### **October 20 – Tryouts (in Auditorium)**

- 3:00 - 4:30pm (5th grade)

- 4:30 – 6:00pm (6th grade)

- 6:00 - 7:30pm (7th grade)

- 7:30 – 9:00pm (8th grade)

### **October 22- Callbacks (in Auditorium)**

- 5:30 – 6:30pm (5th grade)

- 6:30 – 7:30pm (6th grade)

- 7:30 - 8:30 (7th grade)

- 8:30 - 9:30pm (8th grade)

## **WRESTLING SIGN-UPS**

Sign ups for boys and girls in grade 1<sup>st</sup> through 8<sup>th</sup> are now **open until Friday, November 8<sup>th</sup>**. Practices will begin the week of November 18<sup>th</sup> at Elder High School. Please visit the [Wrestling Homepage](#) for complete details on the season. Any questions, please send an email to [visitationwrestling@gmail.com](mailto:visitationwrestling@gmail.com).

Facebook (Our Lady of Visitation Athletic Club) - Instagram (visiathletics) - X (Twitter) (VACSports)

## **THE STRIKING VIKINGS**

Choral and instrumental group with Mrs. Neeley. Students in Grades 3-6. Tuesdays 3:15 – 4:00. See attached flyer for details. Questions? Contact Lauren Neeley at [LNeeley@OLVisitaion.org](mailto:LNeeley@OLVisitaion.org).

## **HIGH SCHOOL NEWS**

Elder High School: Please visit Elder's website for information about upcoming events – Shadow Days, Grade School Night and High School Placement Test. For more information go to:

<https://www.elderhs.org/admissions/shadow-days--open-house>.

Shadow Days - Current 8th grade students are invited to spend a day at Elder and experience what it's like to be a Panther! Schedule your shadow day at [www.elderhs.org/shadow](http://www.elderhs.org/shadow).

LaSalle High School: Please visit LaSalle's website for information about upcoming events – Shadow Days, Grade School Night and High School Placement Test. For more information, contact Jake Pucci at [admissions@lasallehs.net](mailto:admissions@lasallehs.net).

Mercy McAuley High School: Please visit Mercy McAuley's website for information about our upcoming events – Shadow Days and Grade School Nights. Register at [www.mercymcauley.org/shadow](http://www.mercymcauley.org/shadow).

Schedule a Shadow Day at Mercy McAuley!

Mercy McAuley's 8<sup>th</sup> Grade Shadow Days begin September 18! Mercy McAuley's shadow days are full school days to provide eighth graders with a real day in the life of a Wolf! Eighth graders will be paired with a Student Ambassador for the day and will attend classes, tour the school, meet teachers, students and school leaders, and will experience the Mercy McAuley school spirit! Eighth graders will also enjoy lunch in the cafeteria, a sample from White Oak Coffee House, and giveaways. Parents are encouraged to stay for coffee and discussion with Mercy McAuley leaders when dropping their daughter off to shadow. Registration is required at [www.mercymcauley.org/shadow](http://www.mercymcauley.org/shadow).

Mount Notre Dame: Please visit MND's website for information about Shadowing, grade school events, information nights and Open House. Learn details about each event [HERE](#).

Purcell Marion High School: Please visit Purcell Marion's website for information about our Shadow Days, Grade School Nights, etc. Visit <https://www.purcellmarian.org/ibelong> to learn more!

Saint Ursula Academy: Please visit St. Ursula's website for information about our upcoming events – Shadow Days, Grade School Nights, etc. Information can be found at [www.saintursula.org/visit.aspx](http://www.saintursula.org/visit.aspx).

Seton High School: Please visit Seton's website for information about their Grade School nights and Shadow days. Register online today at [www.setoncincinnati.org](http://www.setoncincinnati.org).

Shadow at Seton!

Future Saints in the 8th grade will see a snapshot of the Seton experience from our strong academics and competitive athletics to our faith-filled community and leadership opportunities! Saints for a Day will encounter the welcoming Seton sisterhood and our school spirit every step of the way! Seton Shadow Days are September 27, October 11, 18, 25 and November 15. Register online at <https://setoncincinnati.org/future-saints/plan-your-shadow-visit/>.

St. Xavier High School: Please visit St. Xavier's website for information about our upcoming events – Shadow Days, Grade School Nights, etc. Information can be found at <https://www.stxavier.org/admissions/visit>.

## **OTHER NEWS:**

### **AMERICAN HERITAGE GIRLS**

Endorsement of American Heritage Girls. Please see attached.

**VOLUNTEER SCHEDULE**

Date	Day	Playground Upper lot	Playground Lower lot	Lunchroom (wiping tables)	Cafeteria (food service)
9/23	M	Courtney Schill Jamie Donovan	Amy Burns Jacquie Stafford	Gina Osterbrock Amanda Hiles	Angela Hayes
9/24	T	Christie Klosterman Jenna Erhart	Kim Post Jessica Behler	Aunnie Wertebeger Theresa Marzheuser	Sue Stautberg
9/25	W	Jenny Carmosino Stephanie Hayes	Danielle Hartoin Lisa Juszak	Angel Graman Erin Thompson	Melissa Johnson Mary Sue Emerson Brandon Rainer
9/26	Th	Lee Cassiere Tony Maccani	Maria Martini	Christina Yockey Megan Ewald	Chrissy Pierson
9/27	F	NO SCHOOL			

**LUNCH MENU FOR September 23 – 27**

Please note, due to manufacturer shortages, menu may change.

Monday	Tuesday	Wednesday	Thursday	Friday
-Popcorn Chicken -Dinner Roll -Rice Pilaf -Fruit -Vegetable -Milk	-Chili Cheese Hot Dog - Tater Tots - Chili & Cheese offered -Fruit -Vegetable -Milk	- La Rosa’s Pizza (1 Slice) Cheese or Pepperoni -Fruit -Vegetable -Milk	-French Toast Sticks (4) -Sausage Patty (2) -syrup -Fruit -Vegetable -Milk	<b>No School Teacher In Service</b>
A La Carte				
-Popcorn Chicken	-Hot Dog with chili & cheese on the side	-La Rosa’s Pizza 1 Slice	-French Toast Sticks (4)	

Cash can be used for milk, snacks and ice cream. Assorted bagged snacks daily for \$.75. Ice cream for \$1.50. Milk and water for \$.50, may be purchased daily with cash or online.

**To purchase the regular lunch or hot a la carte items, you must set up an account and order through <https://olvlunch.ahoflunch.com/login>. Lunches must be ordered by 8:00 a.m. daily.**

Regular lunch is \$4.00. Hot a la carte is \$2.00.

If your student has an appointment and will not be here for lunch, please do not order lunch for that day. If your student is sick or leaves early due to emergency or sickness, your account will be credited for that day's missed lunch. Please note, you can go into your account and cancel any lunch up until 8:00am daily of the day ordered.

**LUNCHROOM VOLUNTEERS**

Help is needed in the lunchroom, wiping tables, helping students, etc. If interested in helping, see the following link: [• Lunchroom Helper Sign Up](#)

**PLAYGROUND VOLUNTEERS**

We could use your help. Volunteers are needed for playground, both upper and lower lots. If interested in helping, see the following link: [• Playground Helper Sign Up](#)

**GENERAL REMINDERS**

- If your child will be absent from school or tardy, a phone call is required by 8:30 a.m. The direct phone numbers to report a student absent or tardy are:  
**K-8: 513-347-2231**  
**Preschool: 513-347-4450**
- If your child needs to leave school early, a note written by a parent must be given to the student’s homeroom teacher at the start of that same day.
- For school closings and delays due to inclement weather, Our Lady of the Visitation will follow Three Rivers Local School District.

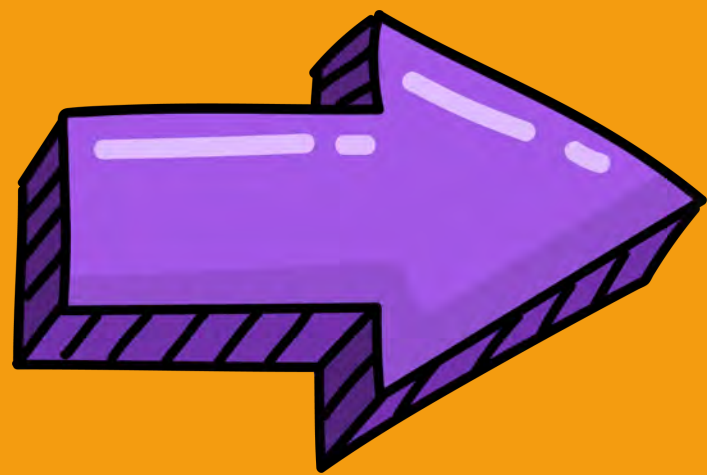
# OCTOBER CODING & ROBOTICS CLUB

3RD-8TH GRADE WELCOME

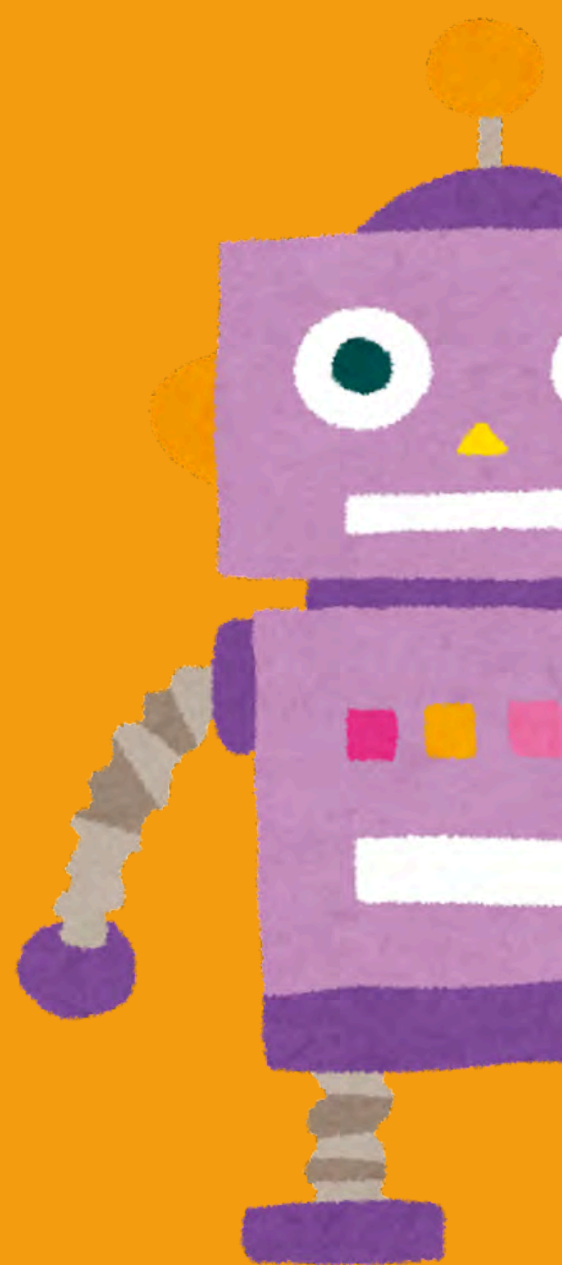
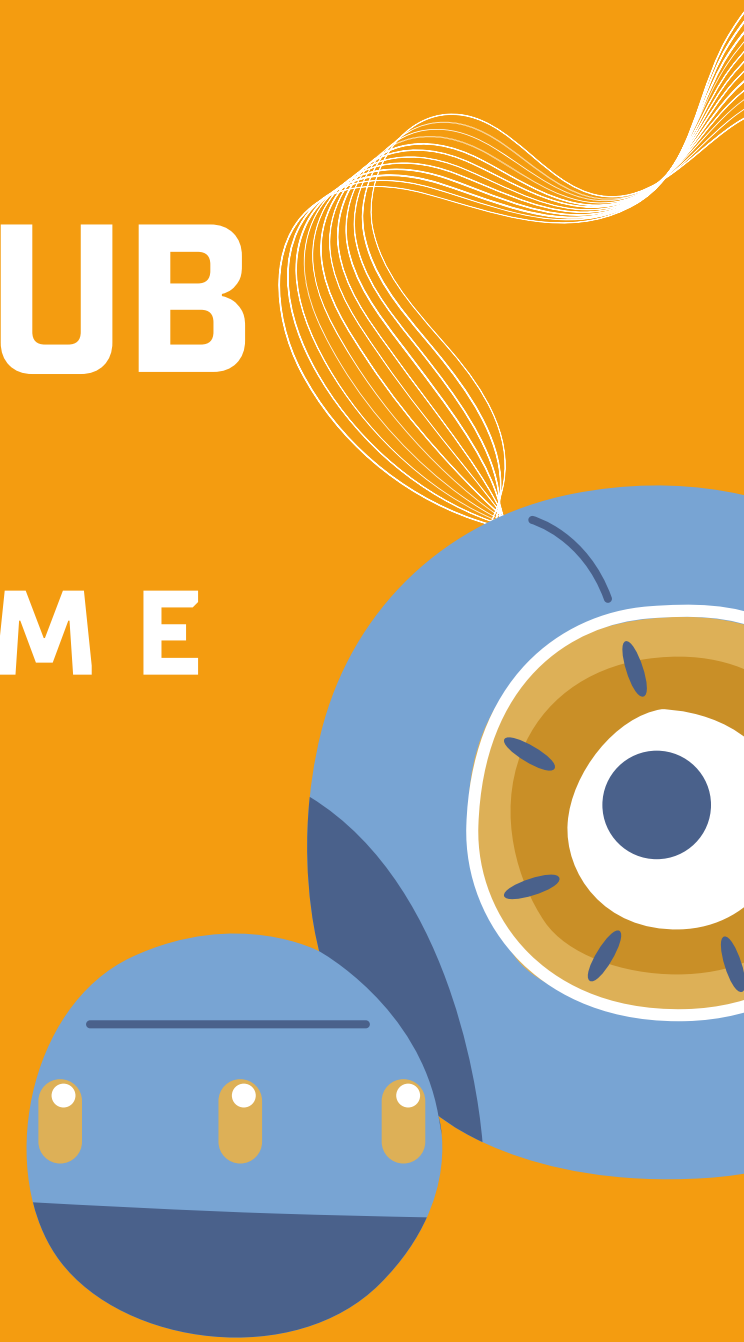
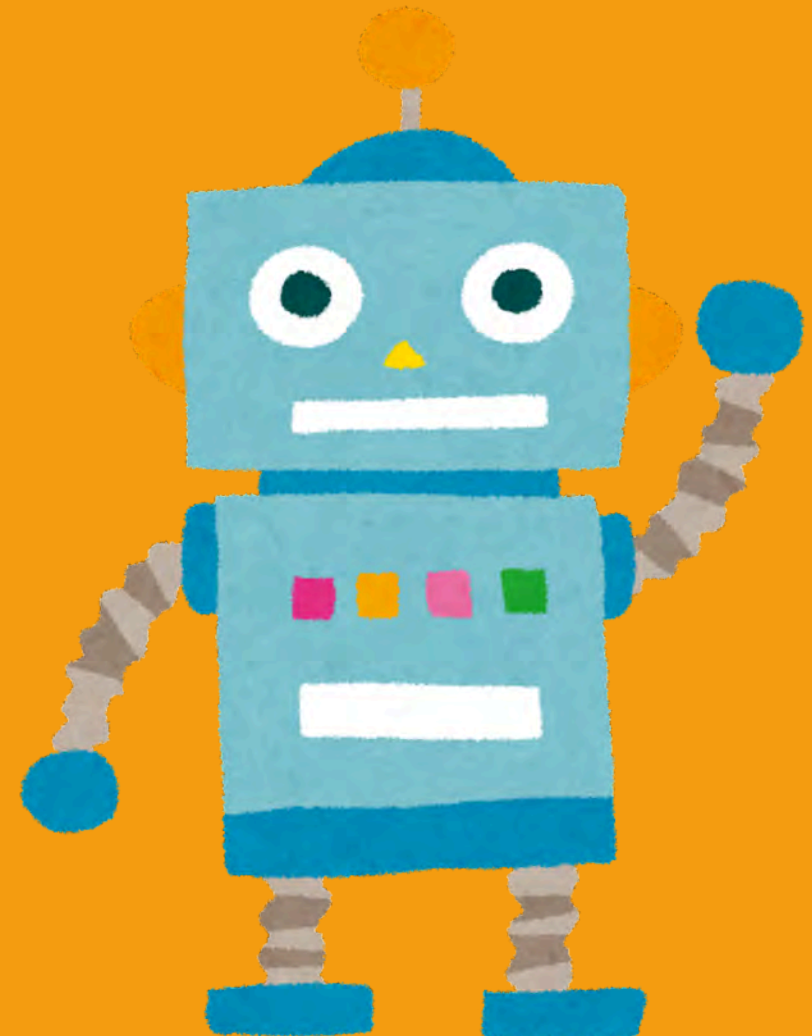
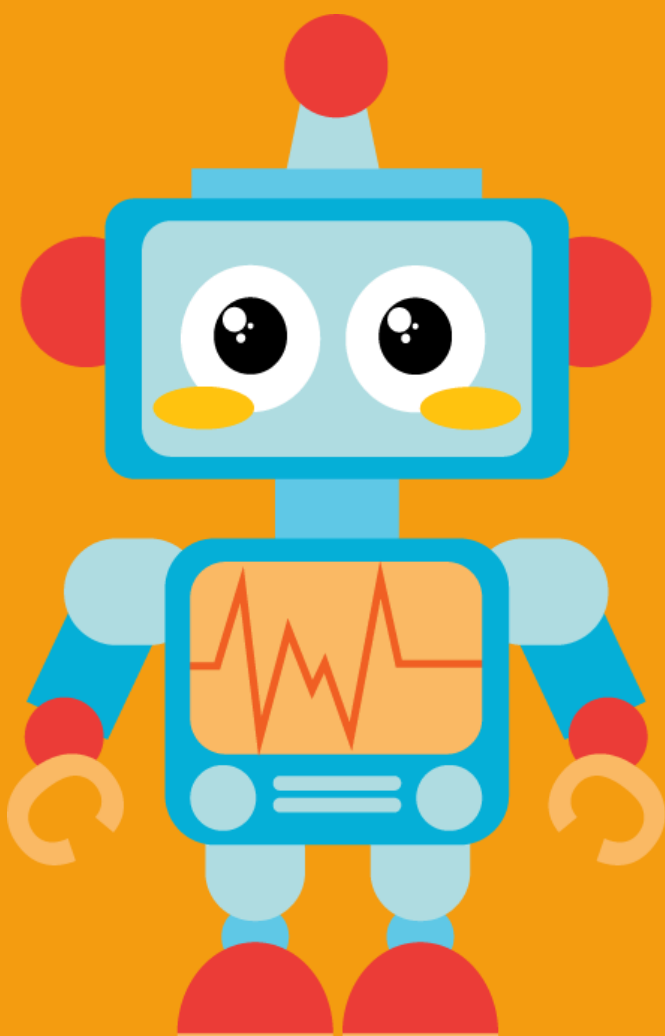
OCTOBER 2, 9, 16, 23  
AFTER SCHOOL-4:15

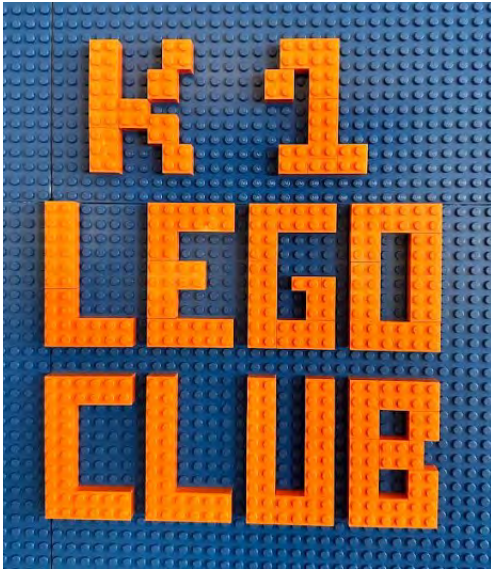
COST: \$40 DUE AT TIME OF REGISTRATION

PLEASE REGISTER AND PAY BY OCT 1  
USING THE SIGNUP GENIUS LINK



**CLICK HERE**  
**TO REGISTER**





Kindergarten and 1st graders are invited to join LEGO Club!

**When: Wednesday's in the library after school from carpool 2 until 4:00**  
**(pick up in the large lot outside the library doors)**

**Dates: October 2nd, October 9th, October 16th, and October 30th**  
**(Please note we will NOT be meeting on October 23rd)**

**Cost: \$35.00 per child**

**If your child is interested, please return the form to Mrs. Brady.**



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**K/1st Grade LEGO Club Sign Up**

**Child's Name** \_\_\_\_\_ **Grade** \_\_\_\_\_

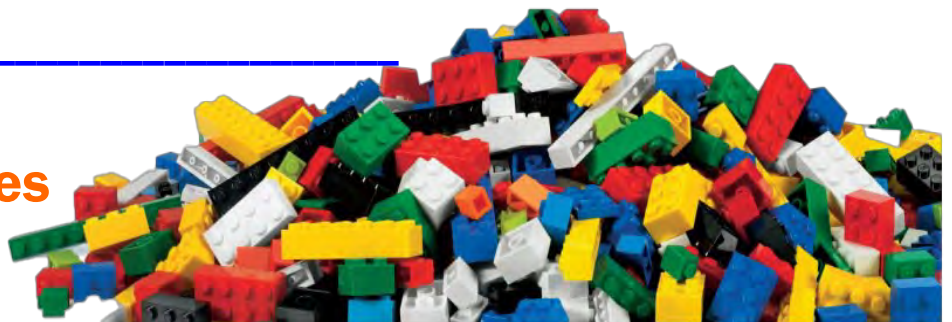
**Homeroom Teacher** \_\_\_\_\_

**Parent Name** \_\_\_\_\_

**Parent Email** \_\_\_\_\_

**Parent Phone Number:** \_\_\_\_\_

**New LEGO challenges  
each week!**



# LEGO CLUB

ATTENTION 2ND & 3RD GRADERS!

**WHERE: MRS. LOTT'S CLASSROOM**

**WHEN: MONDAYS FROM CARPOOL 2 UNTIL 4:15. PICKUP AT 5TH GRADE DOORS IN UPPER LOT (WHERE MORNING DROP OFF IS)**

**WHO: GRADES 2-3**

**DATES: MONDAYS 10/7, 10/14, 10/21 & 10/28**

**COST: \$35 PER CHILD**

**PLEASE TURN IN SIGN UP SLIP AND CHECKS TO MRS. LOTT BY WEDNESDAY, 10/2. CHECKS PAYABLE TO VISITATION SCHOOL (WITH "AMY LOTT" VISIBLE.**

**JOIN US FOR NEW LEGO CHALLENGES EACH WEEK AND LOTS OF FUN!**

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**LEGO CLUB SIGN UP 2-3**

**CLICK LINK ABOVE TO SIGN UP!**





# LEGO CLUB

## ATTENTION 4TH-6TH GRADERS!

**WHERE: MRS. LOTT'S CLASSROOM**

**WHO: GRADES 4-6**

**WHEN: THURSDAYS (AND 1 FRIDAY) FROM  
CARPOOL 2 UNTIL 4:15. PICKUP AT 5TH  
GRADE DOORS IN UPPER LOT (WHERE  
MORNING DROP OFF IS)**

**DATES: THURS. 10/17, THURS. 10/24,  
FRIDAY 11/1 & THURS 11/7**

**COST: \$35 PER CHILD**

**PLEASE TURN IN SIGN UP SLIP AND CHECKS  
TO MRS. LOTT BY WEDNESDAY, 9/4. CHECKS  
PAYABLE TO VISITATION SCHOOL  
(ADDRESSED TO "AMY LOTT")**

**JOIN US FOR NEW **OCTOBER**-THEMED  
CHALLENGES EACH WEEK AND LOTS OF FUN!**

**LEGO CLUB SIGN UP**

**CLICK LINK ABOVE TO SIGN UP.**



# ELDER®

## Grade School Soccer Night

Saturday, September 21<sup>st</sup>

Panther Athletic Complex (PAC)

Elder vs. Fairmont

JV @ 5:00 PM,

Varsity @ 7:00 PM

**Free Admission & Giveaways\***  
**for all Grade School Students!**

*\*Elder Soccer Ball, while supplies last\**

Visit [ehsports.com](http://ehsports.com) for info on Elder Athletics



PAC - 1915 Quebec Rd, Cincinnati, OH 45205



8th Graders!

SCHEDULE A  
SHADOW DAY!



Mercy  
McAuley

## 2024 SHADOW DAYS

- WEDNESDAY, SEPT. 18
- FRIDAY, SEPT. 27
- FRIDAY, OCT. 4
- FRIDAY, OCT. 18
- FRIDAY, OCT. 25
- WEDNESDAY, NOV. 6
- WEDNESDAY, NOV. 13

*\*Parents are invited to join us for coffee  
and discussion with school leaders  
on each Shadow Day!*

## HIGHLIGHTS

- ATTEND FULL SCHOOL DAY  
TAILORED TO YOUR  
INTERESTS!
- SPEND THE DAY WITH A  
STUDENT AMBASSADOR!
- EXPERIENCE THE MERCY  
MCAULEY SCHOOL SPIRIT!
- ENJOY SPECIAL TREATS AND  
GIVEAWAYS!

Details & Registration at [www.mercymcauley.org/Shadow](http://www.mercymcauley.org/Shadow).

# Bloom at **SETON**

*Grow in Faith, Academics & Leadership*



# **SETON**



## *Grow in Faith, Academics & Leadership at Seton!*

- Your shadow day experience will be from 8:45 a.m. to 1:15 p.m.
- Check out our challenging academics, leadership opportunities, faith formation and standout school spirit!
- **Shadow guests will receive a sample from our coffee shop and lunch in the Halo Café**
- Drop off and pick up in the Beech Avenue lot and enter through the Commons/Gym doors

# Schedule Your Shadow Visit

Dates: Sept. 27 • Oct. 11, 18, 25 • Nov. 15

Shadow spots fill up quickly!  
Schedule your shadow request online at  
[setoncincinnati.org/futuresaints/](http://setoncincinnati.org/futuresaints/)  
You will receive a confirmation email.



## Have Questions?

Call Sarah Lykins

513.471.2600 ext. 2422 or [lykinss@setoncincinnati.org](mailto:lykinss@setoncincinnati.org)

Seton High School provides young women with an exceptional Catholic education founded by the Sisters of Charity.

# Parent Coffee & Conversation

October 8

October 30

8:30 a.m.-9:30 a.m.

Please RSVP on the Future Saints page at [setoncincinnati.org](http://setoncincinnati.org) by October 1 or October 23.

Topics include academics, technology, student life, faith formation and financial aid and scholarship processes.



Save  
THE  
Date

# SETON

# OPEN HOUSE

Thursday, November 21

4:30 p.m.-8:30 p.m.



[www.setoncincinnati.org](http://www.setoncincinnati.org)



# LOOKING FOR FAITH, SERVICE & FUN FOR YOUR DAUGHTER?

## REGISTRATION INFORMATION

Email Mollie Harloff: [harloffwellness@gmail.com](mailto:harloffwellness@gmail.com)

### Questions?

Email or Call Mollie 513-404-6436

## American Heritage Girls Our Lady of the Visitation, Troop # 1313

The program allows your daughter to grow in FAITH, cultivate a heart of SERVICE, and have fun while building new friendships.

AHG focuses on providing progressive level programming rich in opporutnies for girls of all ages and abilities. With each AHG level, girls are introduced to new skills, badge work, services projects, and outdoor experiences unique to a female audience. Girls develop physically, socially, emotionally, and spiritually through the support and encouragement of other fun-loving girls and engaging AHG volunteers.



*My daughter has developed new friendships with many new girls of all ages. The AHG program has given her great opportunities to speak in front of others and develop leadership skills. - Katie A.*

## FIVE LEVELS OF FUN!

**PATHFINDER**  
ages 5-6

**TENDERHEART**  
AGES 6-9

**EXPLORER**  
AGES 9-12

**PIONEER**  
AGES 12-14

**PATRIOT**  
AGES 14-18

Faith Family Country Community



For more information visit American Heritage Girls visit [americanheritagegirls.org](http://americanheritagegirls.org)

TO REGISTER WITH TROOP #1313 - OUR LADY OF THE VISITATION

Contact Mollie Harloff - [harloffwellness@gmail.com](mailto:harloffwellness@gmail.com) | 513-404-6436







# American Heritage Girls

Our Lady of the Visitation, Troop # 1313

## WOMEN of INTEGRITY Six Program Emphases

AHG's Program Emphases creates a well-rounded experience for girls. A girl who completes the AHG Program will be a Christ-following servant leader who is honoring, relational, anchored in Christ, and competent: a woman of integrity.



### AHG OATH

I promise to love **GOD**,  
Cherish my **FAMILY**,  
Honor my **COUNTRY**,  
Serve in my **COMMUNITY**.

### AHG CREED

As an American Heritage Girl, I  
promise to be  
**Compassionate,**  
**Helpful,**  
**Honest,**  
**Loyal,**  
**Perseverant,**  
**Pure,**  
**Resourceful,**  
**Respectful,**  
**Responsible,**  
**Reverent.**



#### **FAITH:**

Girls are encouraged to grow in their faith and relationship with God through the AHG Faith Award Program, prayer, fellowship, and service, which are woven throughout each aspect of the AHG Program.

**Outcome:** A Christ-follower who submits to Christ and seeks God's will for her life.



#### **LEADERSHIP:**

The AHG Program is rich in leadership opportunities for girls of all ages. Girls discover their passions, acquire project management skills, hold leadership positions, and participate in leadership training.

**Outcome:** A servant leader who follows Jesus' model of leadership by putting others first.



#### **SOCIAL & EMOTIONAL:**

Girls will gain a better understanding of their identity in Christ through the AHG Program. AHG's multi-level Troop structure encourages girls to create friendships with girls of all ages. This unique Troop structure allows for mentorships and learning opportunities to occur naturally among girls. Girls learn to anchor their emotions in Christ in a caring and loving environment.

**Outcome:** A relational girl who invests in positive and loving relationships with others and clings to Christ when navigating emotions.



#### **OUTDOORS:**

Nature reveals to us God's beauty, glory, power, wisdom, presence, creativity, and, most of all, His loving care. Through the AHG Program, girls are encouraged to participate in outdoor activities such as hiking or camping several times a year. High Adventure activities are great times for team building, leadership, physical activity, and strengthening relationships with friends. The outdoors will educate girls about their natural world and the beauty God has bestowed upon them.

**Outcome:** A girl who values creation through outdoor experiences that display the glory of God's creation.



#### **CITIZENSHIP:**

The AHG Program provides girls with a deeper understanding of their country and heritage. Girls cultivate honor for their country by participating in patriotic events, flag ceremonies, serving in their community, and through badge work. Serving others and being active citizens with their Troop, fosters a lifelong love for their country.

**Outcome:** An honoring girl who cares for her community as an active citizen through service and patriotism.



#### **LIFE SKILLS:**

In the AHG Program, girls can step out of their comfort zone and try new experiences in a safe environment. Earning badges provides girls the opportunity to learn a wide array of life skills, inspiring them to become lifelong learners and doers. AHG's six Badge Frontiers include: Heritage, Family Living, Arts, Outdoor Skills, Personal Well-Being, and Science & Technology.



For more information visit American Heritage Girls visit [americanheritagegirls.org](http://americanheritagegirls.org)

**TO REGISTER WITH TROOP #1313 - OUR LADY OF THE VISITATION**

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